

OCTOBER 2022

Waterford Halfmoon Lunch Menu

Student Prices
Breakfast: \$1.50
K-6th Lunch: \$1.75
7th - 12th Lunch: \$2.00

Monday Friday Tuesday Wednesday **Thursday** Walking Taco's Baked Mac n' Cheese Chicken Tenders Hot Dogs w/ Meat Sauce Cheese Pizza (tortilla chips, taco meat, nacho Garlic Breadstick Dinner Roll **Roasted Carrots** Tossed Salad cheese, salsa, sour cream) Green beans French Fries Assorted Fruit Assorted Fruit Black Beans Assorted Fruit Assorted Fruit **NYS Milk NYS Milk** Assorted Fruit **NYS Milk NYS Milk NYS Milk** Loaded Soft Tacos Grilled Cheese Crispy Chicken Bosco's Cheese Sticks (taco meat, cheese, lettuce, **Tomato Soup** Sandwich Marinara salsa, sour cream) Carrots & Dip Three Bean Salad Cucumbers & Dip Flamin' Hot Tater Tots **NYS Apple Slices** Assorted Fruit Assorted Fruit Assorted Fruit **NYS Milk NYS Milk NYS Milk NYS Milk** 20 French Toast Sticks Grilled Chicken Chicken Nuggets Cheese Pizza Bacon Cheeseburger Maple Syrup Pasta Alfredo Dinner Roll **Tossed Salad** Potato Salad & Pickles Hash Browns Garlic Breadstick Carrot Sticks & Dip Assorted Fruit Assorted Fruit Assorted Fruit Roasted Broccoli Assorted Fruit **NYS Milk NYS Milk NYS Milk** Assorted Fruit **NYS Milk NYS Milk** 26 Roast Turkey & Gravy Bosco's Cheese Sticks Beef Lasagna Breakfast Griddler Mashed Potatoes Garlic Breadsticks Marinara Crispy Chicken Sandwich (bagel, sausage, hashbrown, NYS Broccoli **Sweet Potato Fries** Tossed Salad Cucumbers & Dip egg, and cheese sandwich) Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit Assorted Fruit **NYS Milk NYS Milk NYS Milk NYS Milk NYS Milk** Monster Dogs & Fries **October is National Farmers' Month!** (meat sauce, cheese) Assorted Fruit Ve will be highlighting a *Halloween Treat* **NYS Milk**

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Breakfast and Alternate Lunch Options

Breakfast Choices:

Monday: Bagels & Cream Cheese Tuesday: Mini Cinnamon Buns Wednesday: Mini Waffles & Yogurt

Thursday: Donuts Friday: Assorted Muffins

Always Available: Cereal, Pop Tart, Muffins, Bagels & Yogurt Parfaits Served with: 100% fruit juice, fruit of the day, and choice of milk

Alternate Lunch Options:

Assorted Deli Sandwich's
Yogurt Parfait
SunButter & Jelly Sandwich
Chef's Salad with Dressing
Cheese Sandwich

Protein Bowl (Cheese stick, deli meat, hardboiled egg & vegetables)

Served with: fruit, vegetable & choice of milk



Our food service department wants to prevent food waste! If there are any items in your school lunch that are prepackaged, remember to pack them up and save them for later. Cheese sticks, apples, Craisins, or fruit cups would be great for an afternoon snack!



We are striving to support our New York State food producers. Items highlighted in green are NYS food products.